

the herald

NEWS OF ZION LUTHERAN | ANOKA

OCTOBER 2023



Stewardship Breakfast

PLEASE JOIN US

Zion's Stewardship Breakfast
Sunday, October 8
10 a.m.
Fellowship Hall



MENU

Egg bake, fruit, muffins
coffee and orange juice
Breakfast is free
No reservations are needed

WORSHIP SCHEDULE

In-Person Worship

5 pm (Sat)
8, 9 & 11 am (Sun)

Livestream Worship

9 & 11 am (Sun)

Cable TV

10 am & 5 pm (Sun)

Radio Broadcast

106.1 (BOB-FM)
9:10 am (Sun)

Gospel Readings

Sept 30-Oct 1

Philippians 2:1-13

October 7-8

Philippians 3:4b-14

October 14-15

Philippians 4:1, 4-9

October 21--22

Matthew 22:15-22

October 28-29

John 8:31-36

All Saints Weekend and Luminaries for Loved Ones

Now faith is the assurance of things hoped for, the conviction of things not seen. For by it the people of old received their commendation. Hebrews 11:1

All Saints Weekend is November 4-5 and it is when we acknowledge those we love and cherish who, during this past year, were commended into the arms of our Savior's mercy for the blessed rest of everlasting peace. During worship on both Saturday and Sunday, we will name the Zion members who have died this past year as well as give you the opportunity to write a name on a card of the saint you would like to remember.

As part of our Luminaries for Loved Ones event, you are also invited to decorate or write the name of a loved one on a white paper bag (available for pick up at the front desk starting October 15). We will collect the completed bags through noon on November 5. Volunteers will fill each bag with sand and a tea light and place them in the CLC for the Luminaries for Loved Ones event later that evening. From 5-6:30 p.m., you will have the opportunity to walk through the luminary path in the CLC. Prayer helpers will be available if you need them.

Zion's 153rd Anniversary Banquet Thank You!



Over 400 members and friends of Zion gathered on September 21 to celebrate Zion's 153rd Anniversary! Although postponed due to the pandemic, it was a wonderful and joy-filled evening. Many thanks to our Anniversary Banquet Committee, our staff, and many volunteers, and to Gretchen Carlson, our guest speaker. Please check out the photos from the evening in this Herald.

a message from Pastor Brent



I love the season of fall. It is, without question, my favorite season! I love the changing colors of the leaves, the milder temperatures, the sounds of life coming from the football field across from our parking lot. Another thing I like about fall is “stewardship”. Each year, our fall stewardship emphasis gives each one of us the opportunity to reflect on God’s goodness...to look at God’s creation and to count our blessings. It provides us with the opportunity to



consider how we might use our blessings to be a blessing to others and to make a difference in our church, community, and world. Once again our stewardship theme this fall is “Zion: A Place to Gather and Grow.” The logo was designed by Janis Korus last year. The tree branches remind us that Zion is a place and a community that provides shade and shelter—protection from the storms of life. During those times in our lives that are challenging, Zion is here to provide renewal, refreshment, and hope. We provide the “shelter” within our building, but we also provide hope by going out into the world as Christ’s hands and feet. The tree roots of the logo represent all the ways that we, at Zion, help to root or ground our faith to provide spiritual nourishment throughout our lives.

Please join us for our stewardship breakfast on Sunday morning, October 8 at 10 a.m. A stewardship devotional is available for daily devotions during the month of October. The devotions will be emailed out to our email list every day and will highlight many of the ministries and programs offered at Zion. In addition, each household should receive a stewardship mailing during the first week of October. We invite you to complete your stewardship intention sheet for 2024 and return it by mailing it in, dropping it off at church or placing it in the offering plate on the weekend of October 28 and 29. Thank YOU for all the ways that you help to make Zion a good place to gather and grow.

Pastor Brent

Cheap Grace

By Colleen Nelson

Lutheran Theologian Dietrich Bonhoeffer states, “Cheap grace is the idea that “grace” did it all for me so I do not need to change my lifestyle. The believer who accepts the idea of “cheap grace” thinks he can continue to live like the rest of the world. Instead of following Christ in a radical way, the Christian lost in cheap grace thinks he can simply enjoy the consolations of his grace.” Rather convicting, wouldn’t you agree? One of the challenges for Christians is to navigate living **in** this world while not living **of** this world. Here you have two very small words with immense implications. God, our Creator intended for us to be born in harmony with our surroundings and in perfect relationship with him. But Adam and Eve’s disobedience resulted in a broken world. This is the same world we live in today, no choice on our part. But what hasn’t changed is, like Adam and Eve, we are wired to be in relationship with God. It is our choice to live **in** Christ, meaning our day-to-day thoughts and actions are not to be **of** this world. However, there are endless temptations serving as obstacles to this end; even though we try to follow Christ, we falter. But here’s the good news—God’s grace is a gift which is new each day, a gift which ought never to be taken lightly. The Lord’s grace and discipleship is inseparable according to Apostle Peter. The Son of God...Jesus Christ our Lord, through whom we have received grace and apostleship to bring about the obedience of faith for the sake of his name among all the nations, including you who are called to belong to Jesus Christ. Romans 1:4-6. This is where cheap grace ends and living a full life in Christ begins. In the Confessions of St. Augustine we read, “You have made us for yourself, and our hearts are restless till they find their rest in you.” I love that! It is in response to God’s grace that we ‘let our light shine’ at Zion and in the greater community.

stewardship

October Stewardship Devotional

A daily devotional for the month of October is available at the front desk in the lower commons. The devotions were written by Zion members and staff. The daily devotions highlight many of the ministries and programs at Zion that provide a place for us to “gather and grow” and make a difference in our Church, community, and world. The daily devotionals will also be emailed out each day in October. If you would like a paper copy of the devotional, please pick one up at the front desk.

Stewardship Mailing: "Zion: A Place to Gather and Grow"

Every Zion household should receive a stewardship mailing during the first week of October. We invite you to complete your stewardship intention sheet for 2024 and return it by mailing it in, dropping it off at church, or placing it in the offering plate on the weekend of October 29 and 30. Thank you for your faithful stewardship!

welcome

Lake Wobegon® Brass Band Concert - October 7

SATURDAY, OCTOBER 7 | 7:30 PM | SANCTUARY

Zion Lutheran welcomes the Lake Wobegon® Brass Band for a delightful concert on October 7. Celebrating its 32nd season, the LWBB is a British-style brass band founded and based in Anoka. Tickets are available at the front desk. Adults - \$10, Students - Free. Make checks payable to Lake Wobegon® Brass Band.



Twin Cities Church Library Association Event - October 21

Since Zion continues membership in this organization, you are invited to attend the fall meeting event on October 21. The featured speaker will be Patty Wetterling, a national advocate, visionary, and educator on the prevention of child abduction and exploitation. Her powerful memoir, *Dear Jacob: a Mother's Journey of Hope* will be released October 17, four days prior to this meeting. She tells the riveting story of the 27-year search for her abducted son. There will be a question-and-answer period, an opportunity to purchase a signed copy of the book, discussion time and lunch.

Please join us October 21 at Glen Cary Lutheran Church, 15531 Central Ave NE, Ham Lake, 55304, 8:30 a.m. to 1 p.m. Registration forms are posted on the website www.tcaccla.com with copies also available at the front desk. At this time the admission charge is not known but it usually is \$15. If you would like more information, please contact Dulcie at livingoutfaith@hotmail.com.

Upcoming JOYA Concert - October 22

The JOYA chamber music series returns with a concert on Sunday, October 22 at 3 p.m. in Zion's Sanctuary. The concert is FREE and features Minnesota Orchestra musicians Silver Ainomae, cello and James Garlick, violin joining pianist Mary Jo Gothmann.

Mark your calendars and plan to attend this wonderful afternoon of chamber music!!



worship

Reformation Weekend - October 28-29

Rooted in the past and growing into the future, the church must always be reformed in order to live out the love of Christ in an ever-changing world. We celebrate the good news of God's grace, that Jesus Christ sets us free every day to do this life-transforming work. Trusting in the freedom given to us in baptism, we pray for the church, that Christians will unite more fully in worship and mission.

Let's come together on October 28 & 29 for Reformation Weekend as we celebrate the reformatory work of Martin Luther by the power of the Holy Spirit and look forward to the ever-changing work of the Spirit in our lives and in the life of the Church. We will share in festive music and in God's Word of grace and freedom.



Sermon Series on Philippians Continues

Our sermon series based on the assigned Epistle readings from the book of Philippians continues in October.

- September 30/October 1: Philippians 2:1-13 *Humble Joy*
- October 8/9: Philippians 3:4b-14 *Lasting Joy*
- October 14/15: Philippians 4:1, 4-9 *Contented Joy*

Upcoming Choir Opportunity for Kids and Youth

KidSing Choir for Grades 2-5 Zion Youth Choir for Grades 6-8

Zion Kids and Youth are invited to sing for worship on Sunday, November 5. Rehearsals will be on the following Saturdays: October 21, October 28 and November 4. KidSing will rehearse from 10-10:30 a.m. and Zion Youth Choir will rehearse from 10:30-11 a.m.

To sign up your child for this musical opportunity, email Jon Campbell, Director of Music and Worship jcampbell@zionanoka.org.

Weekly Worship Opportunities

In-Person Worship

Saturdays @ 5 pm and Sundays @ 8 am, 9 am & 11 am

Livestream Worship

Sundays @ 9 am & 11 am

Radio (BOB-FM, 106.1)

Sundays @ 9:10 am

Cable TV Channel 6 Broadcast

Sundays @ 10 am & 5 pm

celebrating 153 years together



Adult Small Group Studies

We conclude the study "Resilient – Restoring Your Weary Soul in These Turbulent Times" by John Eldredge. The remaining schedule is as follows:

- Week of October 2: *The Deep Well Inside Us*
- Week of October 9: *Don't Look Back*

Starting the week of October 23, we will begin a new study called "Luke: Gut Level Compassion" by Lisa Harper. Lean in and linger in Jesus' embrace. Perfection is NOT required! Join Lisa Harper in this eight-week Bible study of the Gospel of Luke - a masterpiece that doesn't celebrate the elite, but embraces the outliers, outcasts, and overlooked! The schedule is as follows:

- Week of October 23: *Outliers, Outcasts, and the Outrageous Mercy of God*
- Week of October 30: *Worship in the Waiting*
- Week of November 6: *Uphill Glory*

Books for this study are on sale at the front desk for \$16 and you can sign up for a class at the Welcome Desk. Class schedule is as follows:

A - Mondays at 1 p.m. in the Legacy Room taught by Pastor Sue Wallager

B - Tuesdays at 8:45 a.m. in the Legacy Room taught by Ken Johnson, Greg Bergeron and Pastor Brent Campbell

C - Wednesdays at 10 a.m. in the Legacy Room taught by Pastor Connie Tiede

D - Thursdays at 1 p.m. on Zoom taught by Pastor Jim Barsch and Pastor Amie Odahl

Upcoming Adult Forums

Adult Forums are held Sunday mornings at 10 a.m. in the Fellowship Hall. Below is the upcoming schedule:

- October 1 – *Exodus Lending*: Exodus Lending is the only nonprofit dedicated solely to helping Minnesotans get out of predatory lending debt and back on track financially by enrolling and supporting them in a 0% interest refinance program, lending up to \$1,500 to qualified participants. Join Executive Director Anne Leland Clark and board member Kim Miller as we learn more about this important ministry.
- October 8 - Stewardship Breakfast
- October 15 - *How To Talk To Your Aging Parent About Money*: Money tends to be a sensitive topic that most people avoid discussing. Generally, it's the polite and uncontroversial thing to do. But when it comes to adult children and aging parents, this is a conversation that simply has to happen. Failing to talk about legal and financial matters with Mom and Dad could put you in a very difficult position should you ever need to help them manage their money or take over these decisions entirely. Part one of our forums on *Helping Aging Parents* sponsored by Rachel Circle, we will discuss motivations for asking questions about your parents' financial situation and how parents can bring this up with their children.
- October 22 - *Family Dynamics As We Age*: What happens to people as they age and their children grow up? Most of them say, "I want to stay in my own home until I die." The current reality is that "despite the pandemic, the percentage of older adults who want to age in place has stayed steady." In this second session from the Rachel Circle, we will discuss how there is a rapid growth in published knowledge about different aspects of age and aging. While this is highly welcome, it becomes increasingly difficult to keep up even with the main insights. We will talk about the research findings that demonstrate both the challenges and opportunities lying ahead of us as life expectancy is increasing steadily and as the proportion of older people in our societies will grow further.
- October 29 - *The Reformation in Architecture and Music* – presented by Dr. Jonathan Campbell: How the Renaissance and Baroque Catholic architecture and music influenced the Reformers and shaped the churches we know today. Dr. Campbell will also include slides from his recent trip to Italy.

Bible Presentations

"Gift of Word" Bible Presentations fulfill the baptismal promise made by parents and the congregation to provide each child with their own Bible.

Second graders and new third-fifth graders will receive a Children's Bible at the 9 or 11 a.m. worship services on Sunday, October 15 or at Zion Kids Wednesdays programing at 5:30 p.m. on Wednesday, October 18 in Room 4.

We recommend that interested children and parents attend a brief information session on Sunday, October 8 at 10:15 a.m. in the Theater or Wednesday, October 11 at 5 p.m. in Room 4. No registration is required.

New this year: We will begin presenting Spark Story Bibles on an ongoing basis to all children (Ages 0-5) participating in Holy Shenanigans Sunday School, making it possible for all families to connect the stories they're hearing at Sunday School with their home reading.

Contact Ann Campbell acampbell@zionanoka.org for more information.

Zion Faith Milestones



Gift of Word

Trunk or Treat - Sunday, October 29

Mark your calendars for Trunk or Treat, Sunday, October 29 from 1-3 p.m. If you would like to participate by decorating your car's trunk and passing out candy, stop by the Welcome Desk to sign up. Those attending the Trunk or Treat event will be voting for their favorite trunk and the winner receives a prize!



This community event has quickly become a yearly tradition at Zion and brings hundreds of neighbors to Zion's parking lot! If you are interested in volunteering in other ways, or have questions, contact Ann Campbell at acampbell@zionanoka.org.

First Communion Instruction

At Zion, we practice open age communion, meaning parents can determine when their child is ready to participate in this sacrament of the church. Preparation classes are provided in advance and vary by age.

First Communion Classes for kids in Grades K-5 and their parents will be offered in November. Choose between Sunday, November 5 at 11 a.m. in the Theater, or Wednesdays, November 8 & 15 at 5 p.m. in Room 4. Registration opens October 15 at www.zionanoka.org/registration-events. Families will schedule their child's First Communion individually.

Zion Faith Milestones



First Communion

If you have questions or for more information, contact Ann Campbell at acampbell@zionanoka.org.

care

Grief Support Group

TUESDAYS, BEGINNING OCT 3 | 4:30 PM | LEGACY ROOM

This five-week support group offers help and encouragement after the death of a spouse, child, family member or friend. Meetings are open to anyone who has suffered the loss of a loved one, or know someone who has. Facilitated by Pastor Sue Wallager. Contact Pastor Sue for more information swallager@zionanoka.org.

Hospital Visits and Pastoral Care

If you or a family member are in the hospital or have had a change in your health status and would like a pastoral visit, please call the church office at 763-421-4656, email Kristine kjohnson@zionanoka.org or Pastor Sue swallager@zionanoka.org or let any of the pastors know. The pastoral staff is very happy to visit you and provide pastoral care.

Radio Broadcast Fund Donors

Every Sunday morning at 9:10 a.m., Zion's worship service is broadcast on BOB-FM (106.1). Our radio broadcast covers a good portion of Minnesota and reaches several hundred listeners each Sunday, including many who do not have internet capability. Special gifts to support Zion's Radio Broadcast Fund are welcome. Gifts may be given in memory of a loved one or in honor of a special occasion, such as a wedding anniversary. To make a gift to the Radio Broadcast Fund, note "radio broadcast" on the memo line of your check. If it is in memory of a loved one or in honor of an anniversary or birthday, enclose a note or post-it.

Thank you to our recent Radio Broadcast Fund donors:

John & Sandy Steinbring
Al & Margaret Steinbring
Lyle & Marlene Willock
Cara Fish
Ron Malcolm
Shirlie Johnston
Craig Bakken
Kristine Johnson
Lois Peterson

Bev Fraser in memory of her father, Alvin Johnson, on his birthday
Bev Fraser in memory of Cliff Nelson
Gary, Linda, Stacy and Emma Nelson in memory of Cliff Nelson
David and Darlene Holmes in memory of Carol Forsberg
In honor of Jerry and Eileen Millard's 62nd wedding anniversary given by their daughters and families

about our people

Baptisms

Sept 9 - Torbjorn Johnson
Sept 16 - Maisy
Wojciechowski

Deaths

Connie Reddig
Avis Oppegard
Tom Lund
Marlys Delin
Steven Graham

New Members

Shannon Murray
Justin & Stephanie
Robertson
Ryan & Sandra Henderson
Ronald Donley

From Zion Addiction Recovery Team

The newly formed Zion Addiction Recovery Team seeks to “offer a safe place of hope, support, and advocacy for those seeking recovery so that we can build resilience and thrive in our lives and communities.” The work before us is to help create an appropriate and sustainable response to the crisis of addiction in our local community. A meeting for those in the Zion community interested in joining the team was held on September 26. They heard about work accomplished by the team and answers to their questions about what involvement would look like if they joined. The team is grateful for the interest shown and for all who attended.

Several team members participated in a webinar offered by the Center of Addiction and Faith (CAF) and learned about how to create a “recovery-friendly church”. Topics included building congregational support, equipping the leadership, and developing the team and ministry. Clergy and others discussed their experiences creating a recovery-friendly church.

Representatives from our Recovery Team will be attending the annual conference of the Center for Addiction and Faith on October 5-7 in Bloomington, MN. We look forward to sharing what we will learn. For more information about this conference go to <http://www.addictionandfaithconference.com/>.

From Zion Rachel Circle - Domestic Violence Awareness Month

October is Domestic Violence Awareness Month (DVAM). Nationally, we “honor the tremendous dedication of advocates and service providers, the courage and resilience of survivors, and recommit to standing with them for safety, dignity, and justice.” In Anoka County and around Minnesota, DVAM is observed through proclamations by city councils, displays of purple lights at night, grass roots advocacy groups, faith communities and individual citizens offering community educational programs, book groups focusing on domestic violence issues, and events hosted by domestic violence shelters (Alexandra House and The Dwelling Place).

In 2013, a ministry was formed at Zion, the Rachel Circle, to focus on domestic violence issues—through education and community involvement. Each October at Zion, you will see the effort to raise awareness through:

- Visual symbols—purple candles, purple flowers, the cross above church and front entrance
- Spiritual practices—prayers, hymns, stories and sermon texts
- Education—displays in the lower commons with things to read and do, forums on Sunday morning

This year, Rachel Circle is hosting two Sunday morning forums during October focused on Elder Abuse Awareness and Prevention. Adult children, older parents and single older people - this is for you. Learn things that can benefit your family greatly and have the potential to prevent family conflict in the later stages of life.

- October 15: “How To Talk To Your Aging Parents About Money”
- October 22: “Family Dynamics As We Age”

From Zion Social Justice Team - An Invitation

As we work out our mission “to listen, learn, and advocate for a more just and equitable community”, we invite those interested to attend our next meeting on October 9 at 6:30 p.m. in the Legacy Room. We value the opportunities we have to listen and learn, so at this meeting we will be discussing a *MinnPost* article looking at 1920s racial housing covenants in the Twin Cities. Please pick up the article at the church front desk prior to October 9 and join us. All are welcome!



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A WELCOMING FAITH COMMUNITY.
GROWING. CARING. SERVING.

news from Zion Pre-K



Pre-K is back for another school year. Our teachers have prepped their classrooms, backpacks are full, and the children are excited to be here.
Thankful for another year of learning and growing at Zion!

WELCOME

You are invited, you are welcome to come and experience God's love at Zion Lutheran Church.

CONTACT US

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